

Cleary Cougar 5K

Proceeds go to the new Cleary University Track program

October 9th 2021 955 Grand Oaks, Howell, MI 48843

Registration: 7:45-8:45am Race Time: 5k 9:00am

Registration Fee:

Dates	5K
Until 9/1	\$25
9/1 – 10/1	\$30
10/1 - Race	\$35

Forms must be
received by 10/1

All registered (by 10/1) will receive a t-shirt and all finishers will receive a medal

Cougar Sponsor
Bob Maxey Ford

Big Cat sponsor
Duncan Chiropractic

Booth sponsor
Running Fit

Check point sponsor
Chris Trierweiler Allstate
GNC Howell/Brighton

Expo in the Wellness Center before and after the race. There will be prize drawings after the race.

T- Shirt Size: Small Medium Large XLarge

Race (Circle One): 5K 5KWalk

Age : _____ Male Female

Name: _____

Address: _____

Email: _____ Phone: _____

I know that running a road is a potentially dangerous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race, whether due to the effects of COVID, weather, including high heat and /or humidity or risk to my own health. I acknowledge the risk of running a road race with regard to traffic and road conditions. I have read this waiver; I know the risks and challenges of running/walking in a road race. I, for myself and anyone entitled on my behalf, waive and release Frank Race Management and any person officially connected with this event from all claims of liability of any kind out of my participating in this event. I agree to additional policies stated on runmichigancheap.com.

Participant and/or parent signature if under 18 of age (please submit an entry form for each participant)

Make payment to: Cleary University Track, 955 Grand Oaks, Howell, MI 48843
(Please include phone & Driver's License Number)

Sign up is also available online at <https://runsignup.com/Race/MI/Howell/clearycougar5k>